



UNIVERSITÀ  
DEGLI STUDI  
DI MILANO

# **BENVENUTI IN STATALE**



# **Welcome to la Statale 2025**



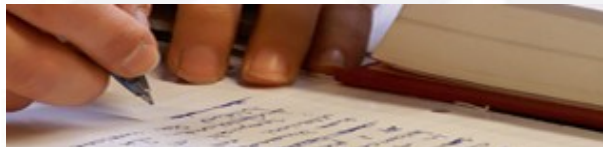
# **COSP – University Study and Career Guidance Service**

The University Study and Career Guidance Service (COSP) offers advice and career guidance before, during and after the university studies:



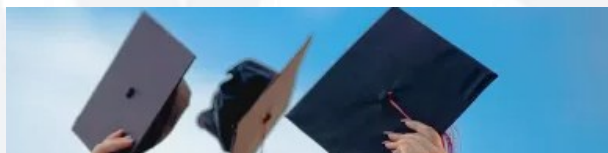
### **PROSPECTIVE STUDENTS**

- Information on courses
- Orientation days at high-schools
- Individual meetings for prospective students



### **STUDENTS AND GRADUATES**

- Information on graduate courses
- One-to-one counseling service
- Career planning and guidance meetings and individual appointments



### **PLACEMENT SERVICE**

- Publication of job/internship offers on the Almalaurea portal
- Internships service for students and recent graduates
- Students and Graduates CVs database

# Study Support and Counseling



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[www.unimi.it](http://www.unimi.it) > [Study](#) > [Student services](#) > [Individual counselling service](#)



The University Study and Career Guidance Service (COSP) provides a range of services to support you during your studies:

## STUDENT STUDY SUPPORT

We provide you access to academic learning support and skill development.

Whether it's support in mathematics, languages, exam techniques, essay writing or learning strategies, we can help you to acquire or enhance the skills you need to succeed in university studies.

## INDIVIDUAL AND GROUP COUNSELING SERVICE

COSP can arrange individual and group counseling meetings, to help you focus on and understand more clearly the issues that concern or trouble you on your university life and studies.



[servizio.counseling@unimi.it](mailto:servizio.counseling@unimi.it)



# Disability and SLD Services

To ensure the right to study, equality and social integration within the university community, the University of Milan provides assistance and services to students who have specific learning disabilities (SLDs).

By submitting the necessary certification at the time of enrolment, and by registering with Disability and SLD Services, it is possible to utilize the facilities and exemptions provided, as well as services such as mobility support, and the specific resources provided by the university.




**ufficiodisabili@unimi.it** (students with Disabilities)



**serviziodsa@unimi.it** (students with SLD)



**02.503.12366** — Monday, Wednesday and Friday from 9:30pm to 12:30pm

  
[www.unimi.it/en](http://www.unimi.it/en) > Study > Student services > Services  
for students with Specific Learning Disabilities (SLD)

[www.unimi.it/en](http://www.unimi.it/en) > Study > Student services > Services  
for students with disabilities



# Careers and Employment Services

The University of Milan offers advice and provides internship, placement and career guidance services for students and recent graduates who are looking for internships/job.

## INTERNSHIPS AND WORK EXPERIENCES

Students and graduates are entitled to do one or more Internships/work experiences in Institutions and Companies in Italy and abroad



[www.unimi.it/en](http://www.unimi.it/en) > Study > Traineeships and work > Traineeships and internships

## PLACEMENT

Students and graduates looking for an internship or a job can benefit from the following services provided by the COSP, accessible through UNIMIA:

- Students and Graduates CVs database (Cv in english)
- Vacancies online board
- GoinGlobal online platform, for vacancies and a rich database of information on internships/jobs abroad



[www.unimi.it/en](http://www.unimi.it/en) > Study > Traineeships and work > CVs, job offers and internships

## CAREER GUIDANCE

Final year students and graduates from the University of Milan can receive career guidance and job-seeking advice through:

- Employment Information Service
- Meetings on job-hunting strategies



[www.unimi.it/en](http://www.unimi.it/en) > Study > Traineeships and work > Career guidance





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Participating Employers

About the event

Days in attendance ▼

Students FAQ

Contact

Login



## JOB FAIR 2025 LA STATALE

Sept. 22 to Oct. 3 **online**

October 8 and 9 **on campus**

Oct. 8 for companies and law firms

Oct. 9 for public agencies, NGOs and the third sector



<https://cosp.careerserviceunimi.it/en/>

www.unimi.it



# Types of internships:

Italian regulations allow two types of internships:

	Curricular internship	Extracurricular internship
Target	Students	Recent graduates
Period	Before graduation, while attending a university course	After graduation (the University of Milan has the role of promoter for students who got their degree within 12 months)
Regulation	<ul style="list-style-type: none"><li>- national law</li><li>- regional law</li><li>- university/faculty regulations</li></ul>	Regional regulations are applied; the University of Milan activates extracurricular internships in Lombardy
Compensation	It is not compulsory. Each host institution can decide whether giving it or not	Compulsory by law

For information on how to activate an **internship abroad**, please refer to the following page: <https://www.unimi.it/en/international/study-abroad/internships-abroad/how-activate-internship-abroad>. Please note that the Internship Office does not manage internships activation procedure carried out under international mobility programmes (e.g. thesis abroad, Erasmus Traineeship).

# Where can I find the information?

## “Traineeships and internships” webpage

Home | Study | Traineeships and work | **Traineeships and internships**

Navigate this section ▾

### Traineeships and internships

An internship (or traineeship) is an opportunity for students and graduates to put into practice what they have learnt during their studies, and approach the job market.

Our University sets up two types of internships:

- **curricular internships**, for **students** enrolled in a study programme of the University of Milan (Bachelor's, Master's, vocational master, etc.);
- **extracurricular internships**, for **recent graduates** (those who completed a study programme no more than 12 months earlier).

**Curricular internships** allow for the **acquisition of credits** in accordance with the modalities set out for each study programme, and must be completed before graduation.

You can find curricular and extracurricular internship opportunities on your own, or through the channels made available by the University (**Jobs and Internships noticeboard**).

Once you have found a suitable internship opportunity, you and your host institution (company, public entity, freelance professional, etc.) have to complete the internship set-up process before you can start your curricular or extracurricular internship, as explained below:

- For internships carried out at **host institutions located in Italy**, the host institution will first be required to sign an **internship agreement** with the University (those that have already signed this document can skip this step). All the details are available in the section **Internship agreement**. Once the internship agreement is in force, please **carefully follow the instructions** available at **Activating a curricular internship** or **Extracurricular internships**, depending on the type of internship you are going to carry out.
- For internships carried out at **host institutions located abroad**, please follow the instructions available at **Activating an internship abroad**.

📄 Indirizzi regionali in materia di tirocini (d.g.r. 7763/2018)

📄 QRSP Quadro Regionale degli Standard Professionali

Cosp - University Study and Career  
Guidance Services  
📍 Via Santa Sofia 9/1  
**Internship office**  
**For information**  
**E-mail assistance: [stage@unimi.it](mailto:stage@unimi.it)**  
**Phone assistance (02.503.12032):**

- Tuesday: 10 am to 12 noon
- Thursday: 10 am to 12 noon

## Course of study webpage → studiare → stage e tirocini

### Stage e tirocini

#### Il tirocinio per i corsi di laurea triennali di area informatica

Gli studenti regolarmente iscritti al corso di laurea possono svolgere una delle seguenti tipologie di tirocinio curricolare:

- **tirocinio associato alla tesi**, sia **interno**, sia **esterno** in azienda (occorre essere in regola con i requisiti per entrare in tesi)
- **stage/tirocinio a zero crediti** in azienda


#### Contatti

Commissione stage e tesi di laurea triennale [commTesiL3@di.unimi.it](mailto:commTesiL3@di.unimi.it)

#### Tipi di tirocinio

Tirocini interni	+
Tirocini esterni	+
Tirocinio a zero crediti	+

## Looking for job and internships: UNIMIA → jobs and traineeships → offerte di lavoro e stage



**Addetto/a Segreteria Didattica / Tutor d'Aula Junior**  
IQM Selezione S.r.l. 📍 Milano e/o da remoto  
Published: 08/29/2025 🔄 Other

MATCH: 100%




**INSEGNANTE DI INGLESE PER ASILO**  
SYNERGIE ITALIA - AGENZIA PER IL LAVORO S.p.A. 📍 Milano  
Published: 07/30/2025 🔄 Fixed-term

MATCH: 100%



**Hr Recruiter**  
MANPOWER ITALIA S.R.L. 📍 full smart working  
Published: 07/29/2025 🔄 Apprenticeship

MATCH: 100%



**ADDETTI o ADDETTE TELEMARKETING JUNIOR IN SMARTWORKING**  
IQM Selezione S.r.l. 📍 da remoto  
Published: 07/18/2025 🔄 Other

MATCH: 100%

#### About the company

Multinazionale Tedesca del Comparto Assicurativo Industriale di proprietà del Gruppo Talax. Terzo gruppo assicurativo tedesco, figura tra i maggiori Gruppi Assicurativi Europei. La Branch Italiana con sede a Milano è attiva dal 1971 e opera nell'ambito dei rischi industriali nazionali e internazionali.

**Publication date** 09/02/2025  
**Expiration date** 10/01/2025

If you are interested in this job offer:

[Apply for](#)

Powered By  




Home:

[Logout](#)



## Jobs and Traineeships

[Logout](#)



### Placement services Unimi-Almalaurea

- [Inserimento e gestione cv](#)
- [Offerte di lavoro e stage](#)

Important: [you can activate a traineeship with the university](#) within 12 months

### Career guidance and corporate meetings

- [Meetings with companies](#)
- [Career guidance meetings](#)
- [Jobiri digital career counsellor](#)
- [Working and undertaking internships abroad](#)
- [Career Services](#)

### GoinGlobal: Internship and job offers abroad

#### GoinGlobal: Internship and job offers abroad

Job and internship offers in over 120 countries worldwide; CV writing guides and tips on the documents needed to move abroad, based on your destination country of choice; focus on current occupational trends.

[- Go to GoinGlobal -](#)

#### Jobiri: the digital career counsellor

Digital career counsellor offering career guidance services: video lessons on job search strategies, CV Builder, CV analysis, creation of cover letters and job interview preparation.

[- Visit Jobiri -](#)

#### Notices - graduates

No notices available at the moment. [Notice board](#)



# Experience your University:



Scholarships, grants,  
accommodation, canteens



Centro Linguistico d'Ateneo



Erasmus+



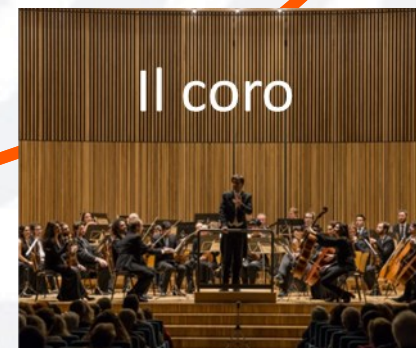
servizio  
bibliotecario  
d'ateneo



Student  
organizations



**CUS MILANO**  
CENTRO  
UNIVERSITARIO  
SPORTIVO







# How to contact us?



For general info:

[orientamento.ingresso@unimi.it](mailto:orientamento.ingresso@unimi.it)



Cosp\_unimi

For Internship:

02 503 12032

[stage@unimi.it](mailto:stage@unimi.it)



02 503 12121  
02 503 13779

For Career Service:

[careerservice@unimi.it](mailto:careerservice@unimi.it)

[\*\*www.cosp.orientamentounimi.it\*\*](http://www.cosp.orientamentounimi.it)

